



Information Item: A Survey of Smoking Policies, Facilities & Future Directions

Presenters:

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A presentation to the
Los Rios Community College District
Board of Trustees
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AGENDA

Background & Overview

District Regulation & Policy

Progress by College

Future Directions

Questions

Public Policy

- U.S. Environmental Protection Agency
 - Determined second-hand smoke (SHS) to be a public health risk
- U. S. Dept. of Health and Human Services
 - Tobacco Free College Campus Initiative
- Surgeon General
 - No risk-free level of exposure to SHS
- California Air Resources Board
 - Categorized SHS as a toxic air contaminant
- American College Health Association
 - 100% Tobacco-Free Campus Policy
- Health Services Association California Community Colleges
 - Educating and Promoting Tobacco Cessation
 - Abolishing SHS on campuses
- Ca Youth Advocacy Network
- Breathe Ca Sacramento
 - STAND

Smoking Prevalence

ADULTS

- Adult smoking rates on the decline (11.9%)
- African American men (21.3%) and women (17.1%) have the highest adult smoking prevalence
- LGB populations (27.4%)
- Mental health and substance abuse disorder population have rates 2-4 times higher (77-93%)
- Veterans (27%)
- Men (16.5%) smoke more than woman (10.6%)

YOUTH

- 18-24 year old rates on the decline (14.6%)
- 1/5 of smokers start **AFTER** the age of 18
- More men than women

COLLEGE STUDENTS

- 85% of college students nationwide are non-smokers
- Similar for community college students (15.7%)

California's Public Colleges

- California Community Colleges
 - 16 of 112 colleges are smoke/tobacco-free
- University of California (10)
 - All 10 UC campuses are smoke/tobacco-free
- California State University (23)
 - 1 campus is smoke-free
 - 2 are tobacco-free
 - System plans to be 100% smoke/tobacco free

STAND

- In 2001 STAND establishes a relationship with the Los Rios colleges
 - Tobacco policy, media, cessation, education
- Since 2003 Colleges use media and material intended to discourage smoking
 - 30 feet from door posters
 - Promotion of resolutions
 - Reminder cards
 - Emails to staff
 - “Quit Kit”
 - Meetings with Senates, Campus Police
 - “Change Is in the Air” campaign
 - Tobacco Cessation Interventions
- Conducts Public Opinion Polls with faculty, staff, and students



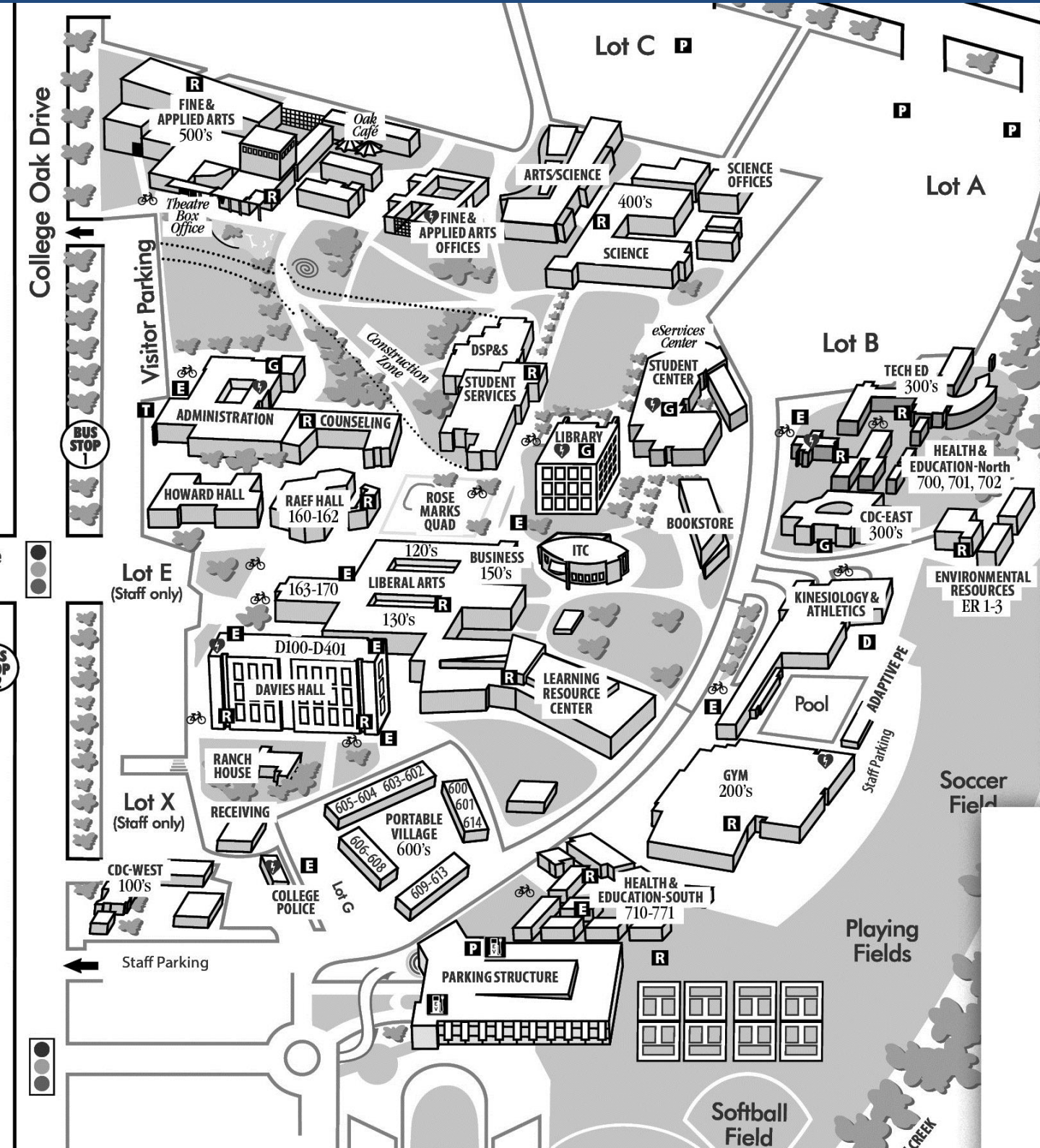
District Regulations & Policy

- R-1411 (§5.10) Use of Facilities. Smoking is prohibited in all College/District facilities. Smoking is prohibited within 30 feet of any building entrance, exit, door, operable window and/or air intake duct. ...
- R- 1413 (§1.4) Use of Outdoor Areas. Smoking is prohibited within 30 feet of any building entrance, exit, door, operable window and/or intake duct.
- R-2441 (§3.1.5) Standards of Conduct. Willful or persistent smoking in any area where smoking has been prohibited by law or by regulation of the governing board.
- P-3213 (§6.0) Meeting Procedures. Smoking is prohibited in the Board Room.

2010 Guidelines

- Consistent with the District's Core Value of open access, campuses must allow smoking, though the areas may be restricted.
- Respect for individuals who do not smoke and those who do shall be equally maintained.
- No smoking will be allowed anywhere within 30 feet of any entrance into buildings or areas near air intake vents (Regulation 1411).
- The Campus may provide additional restrictions for specified areas, with good reason (e.g. certain campus flow "pinch points", outside areas that lack adequate ventilation).
- The Campus may designate certain populated areas as smoke free; however these areas should not encompass the vast majority of the site.
- The Campus may designate certain areas as "smoking zones"; however these areas should not encompass the majority of the site and should not interfere with the regular pathways of non-smokers.
- If the Campus designates areas as smoke free, the remaining areas where smoking may occur shall not be confined only to parking lots and less desirable areas.
- If the Campus designates smoke free areas, the remaining designated smoking areas, or "smoking zones" (if so designated), must not interfere with being good neighbors.
- If the Campus designates areas as smoke free, areas allowing smoking on campus must be reasonably situated so employees desiring to smoke do not have to travel to extended locations (distance and time issue).
- All smoking areas must be kept clean.

American River College





ARC

- Prohibits smoking within 30 feet of any building entrance
- Cessation Support
 - Nobutts.org
 - Quit Kits
- Recent dialogues through governance committee
- Survey planned in March 2015
 - Discuss results college-wide
 - Recommendations to Planning & Coordination Council

Cosumnes River College

Cosumnes River Blvd



Center Parkway

Bruceville Road



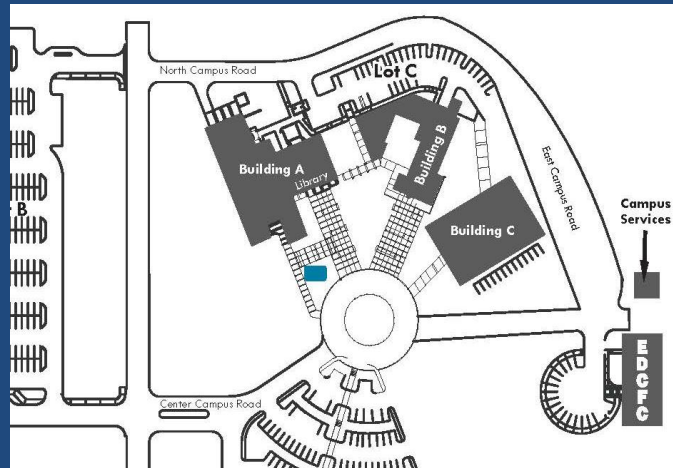
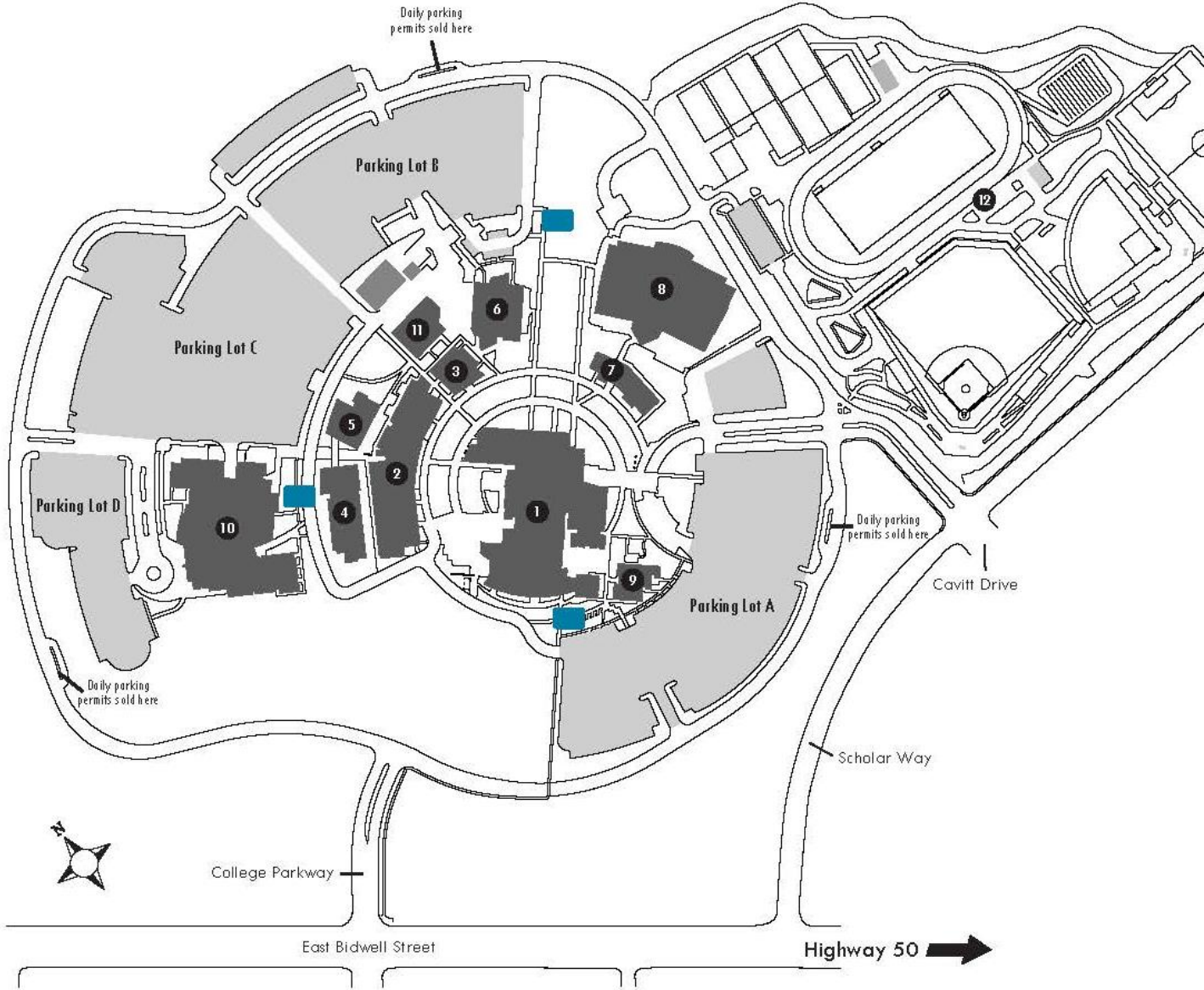
Calvine Road



CRC

- 2007 Student Survey
- Smoking Guidelines Task Group
 - Created the original designated area smoking plan
 - Will reevaluate the plan
- Designated Smoking areas established
- Results:
 - Enforcement concerns
 - Desire to revisit the plan and discuss other options (including a smoke free campus).

Folsom Lake College

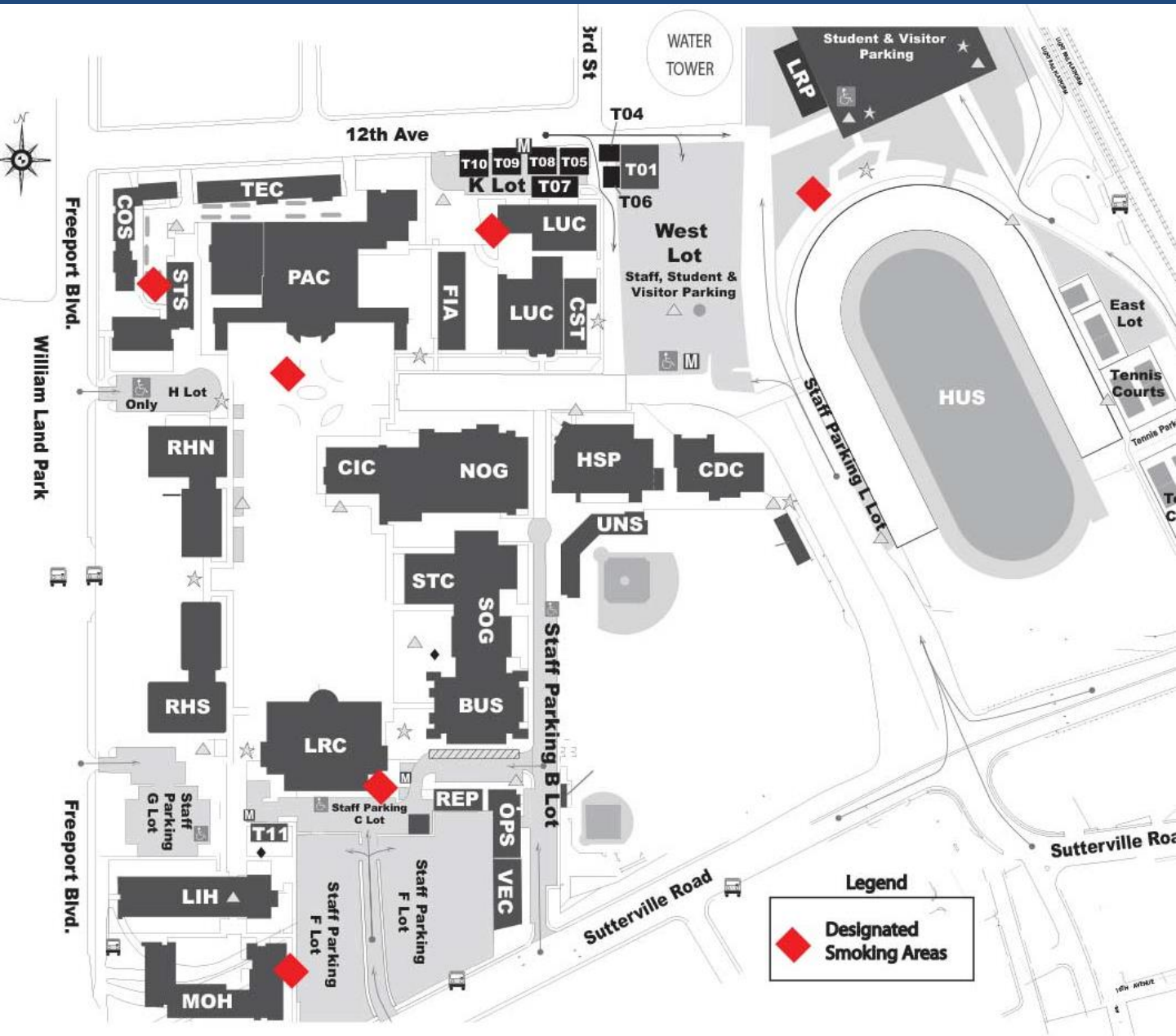




FLC

- 2012 Students and Staff Survey
- The Great American Smoke Out
- Annual cigarette butt pick-up during Earth Week
- Smoking cessation guidance
- Fall 2013 3 designated smoking areas established
- Results:
 - Increased use of the quad
 - Positive feedback from both smokers and non-smokers, staff and students.

Sacramento City College





SCC

- Spring 2014 Students & Staff Survey
- Fall 2014 established 6 designated smoking areas at SCC; 1 at each satellite campus
- Smoking Cessation Program
- Results:
 - Well received by campus community
 - Increased use of the quad
 - Positive feedback from staff and students.

Next Steps

- ◉ Policy Review
- ◉ Broad participatory dialogue
- ◉ Policy, Enforcement, Compliance and Cessation
 - Prevention/education initiatives
 - Health screenings
 - Marketing and signage
 - Notice to students and staff
 - Enforcement strategies- Student Code of Conduct and progressive discipline
 - Further collaboration with local and state public health entities

Change is
in the
air

QUESTIONS?