



LOS RIOS
COMMUNITY
COLLEGE DISTRICT



Counseling and Student Success

Los Rios Board of Trustees Meeting
January 10, 2024

Core Components of Academic Counseling

- Overview of the role of counseling faculty
- What happens in an academic counseling session?

Resources Available to Counseling

- Unrestricted General Fund
 - 900:1 Staffing Ratio
- Restricted Counselors
 - Categorical Funds
 - College Funded Counselors
- College Faculty Prioritization Processes

Student Access to Counseling

- Defining different types of counseling appointments
 - Academic & Career counseling
 - Personal/crisis support
 - Comprehensive v. abbreviated student ed plans
 - Other...
- Counseling supported special programs, ie., Affinity Groups
- Other counselor campus roles:
 - Transfer Coordinator/Counselor, Articulation Officer, Dept. Chair, etc.

Counseling at American River College

Equity in Action

Homebases

- Synergy
 - Counselors and Student Support Specialist

Opportunities

Meeting the Demand

- Quick Question Counter
- Peer Support/Outreach
- Partnerships (ex. UNITE Center)

Total Number of Student Appointments

- Fall 2022
 - 14,630
- Spring 2023
 - 14,015
- Fall 2023 (11/30)
 - 10,027

Numbers include in-person, online, and drop-ins

“Students use the Homebase to connect with each other and with the Homebase team. There is almost always a group of students using the Homebase when I stop by.”

Counseling at Cosumnes River College

Equity-Centered Initiatives

- Intentional proactive support to Black/African American and Latino(a) students through partnership between Counseling and Success coaches
 - Support to first-time students
- Career and Academic Communities (CAC) collaborative work with Instruction

Challenges & Opportunities

- Increasing student demand that does not match capacity
- Opportunity to enhance counseling services by prioritizing direct student support over transactional duties

Total Number of Appointments

- Fall 2022 - 8,860
- Spring 2023 - 8,127
- Fall 2023 through Nov. 30 - 6,783

**In person, remote, Drop In hours, and Outreach Center*



Counseling at Folsom Lake College

Equity-Centered Initiatives

- Equitable Access
 - Modality of Appointments
 - Intentional Scheduling
- Equitable Support
 - Soar to Success Guided Pathways Holistic Support
 - Intentional Services and Support
 - DI Student Populations
 - Dual Enrollment Students
 - PREP, Rising Scholars
 - Collaboration with High School Counselors
 - Students on Probation

Challenges & Opportunities

- Growth in the 50 Corridor
- Increase in Student Demand

Total Number of Appointments

- Fall 2022
 - 6944
- Spring 2023
 - 7214
- Fall 2023 (Aug. 5-Nov. 30)
 - 5824

**Numbers include in-person, online, and drop-ins*



Counseling at Sacramento City College

At SCC, counseling services are available in two divisions:

General Counseling (including athletics and centers)

Engagement & Completion (Ashe /Umoja, RAZA /Puente, RISE, Undoc, Vets)

Equity Focused Innovative Approaches

General Counseling

BSSI; Meta Major Coordinated Efforts; Upscaling Crisis Counseling; Retention Specialists; Diverse Appointment Modalities; Cross-College Collaboration

Engagement & Completion

Culturally Relevant FYE Instructional Options; Resident Counseling Embedded in Learning Communities; Excelencia

Future Challenges and Opportunities

Overall Challenges & Opportunities

Cross-College Collaboration; Group Counseling Exploration (or similar methods); Increasing Retention Specialists ability to Support Students; Email during student contact times; Staffing

Total Number of Student Appointments

Fall 2022 : 8735

Spring 2023 : 9304

Fall 2023 (through Nov. 30): 8787

**In person, remote, drop ins, and Outreach Centers*

Questions and Next Steps