The LRCFT this semester is conducting internal officer elections for campus union president at the four Los Rios colleges.

Recently at a statewide CFT conference, our membership listened in person and via webinar to candidate interviews for CA. State Superintendent of Public Instruction. We will participate in a similar CFT event on Oct. 23 for the state gubernatorial candidates.

Meanwhile, we continue along with 90 other unions in Sacramento to canvas locally and statewide in support of Proposition 50.

This Saturday, we will continue our public activism locally by participating in the *No Kings* rally in Sacramento.

Our on-going LRCFT membership drive continues next week with a focus on FLC. We will reach out to faculty on all 4 of the campuses this semester.

Also happening next week, the LRCFT will hold a *One Faculty Party* at the CFT union hall in Sacramento to call attention to the shared interests of both full and part time faculty.

On Thanksgiving day, the LRCFT will field a union team of 25 members to participate in the *Run to Feed Hungry Race*.

In closing, this past Friday, the LRCFT held a two-hour information workshop to help faculty understand their options for insurance plans in Los Rios. Faculty continue to express concerns to us about the rising cost of health care in our district. The LRCFT looks forward to working with the district to find more creative solutions to what is becoming a major crisis statewide for education workers.